

EMOTIONAL (not mental)

HEALTH

KEYNOTE SPEAKER

## SHORT BIOGRAPHY

**Jon Bockelmann-Evans** is a keynote speaker on emotional health, resilience, and performance.

When testicular cancer ballsed up Jon's early career as a member of Wales' most successful Welsh-language heavy metal group, he rebuilt himself by becoming a physiotherapist and a psychotherapist.

After helping thousands of people in the NHS and private practice to recover from stress-related illnesses, Jon took his unique healing blend of physiology, psychology and personal development into the corporate world and has worked in the UK and internationally with leading organisations including **Nike**, **Dow**, **EE**, **and Merck**, plus 100s of others.

With keynotes such as **How to Restore Teams to Full Functionality using Emotional Health, From Conflict to Connection: Turning Dysfunction into Strength, Wellbeing in Minutes, not Months,** and **Why Emotional Health is every Leader's Superpower,** Jon has become a trusted voice for organisations that want immediate results and lasting change.

If you want a keynote speaker who will make your people laugh, unclench (yes!), and learn strategies that stick long after the event, Jon Bockelmann-Evans is the speaker for you.